

December 2017 Menu

Upper Stewiacke Elementary

Meals include 250 ml white milk or 118 ml juice (apple / orange). Cheques made payable to

Cobequid Schools Catering Society.

Daily. \$4.00- Tuesday, Wednesday, Thursday, & Friday (\$16.00) - 75 cents extra for chocolate milk.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov. 27 – Dec. 1 Healthy Choice # 1 Healthy Choice # 2	Cinnamon French Toast & Fruit Ravioli	Breaded Chicken Burger Spaghetti & Meatballs	Macaroni Goulash USE Lunchable	Chicken Bowl Loaded Nachos	NO SCHOOL
Dec. 4-8 Healthy Choice # 1 Healthy Choice # 2	BRING LUNCH	½ Cheese Pizza & Carrot Sticks Spaghetti & Meatballs	Lasagna Soup & Roll USE Lunchable	Rice & Chicken Nuggets Loaded Nachos	Tuna Noodle Casserole Pepperoni Pizza
Dec. 11 -15 Healthy Choice # 1 Healthy Choice # 2	Cheeseburger & Baked Chips Loaded Nachos	Soft Taco Grilled Cheese & Baked Chips	CHRISTMAS DINNER FREE LUNCH	BRING LUNCH	Chili & Nachos Pepperoni Pizza
Dec. 18 - 22 Healthy Choice # 1 Healthy Choice # 2	Rice & Chicken Nuggets Ravioli	½ Cheese Pizza & Carrot Sticks Grilled Cheese & Baked Chips	Chicken Noodle Soup & Roll USE Lunchable	Chicken Bowl Loaded Nachos	NO SCHOOL BEGINNING OF CHRISTMAS BREAK

Upper Stewiacke Elementary School Price List – 2017-2018

Recess Items

Baked Chip Snacks	1.00
Baked Snack	.50
Fresh Fruit	.50
Cheese Strings	.75
Other Treats Dessert of the day	.50
Caesar Salad	2.00/large 3.50
Chicken Wrap	3.50
Welchs	1.25
Bread Sticks	1.00

Beverages

Small white milk	.40
Small juice	.60
Small Chocolate milk	1.35
355 ml Bottled water	1.00

Hamburger \$2.75 & Cheeseburger \$3.00
Can be ordered any day.

7" CHEESE PIZZA OR GARLIC FINGERS
\$3.60
WITH DRINK \$4.00
WITH CHOCOLATE MILK \$4.75