

February 2018 Menu

Upper Stewiacke Elementary

Meals include 250 ml white milk or 118 ml juice (apple / orange). Cheques made payable to

Cobequid Schools Catering Society.

Daily. \$4.00- Tuesday, Wednesday, Thursday, & Friday (\$16.00) - 75 cents extra for chocolate milk.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Jan. 29-Feb. 2 Healthy Choice # 1 Healthy Choice # 2	BRING LUNCH	Grilled Cheese & Baked Chips Loaded Nachos	Ravioli Chicken Noodle Soup & Roll	Sheppard's Pie Bowl Breaded Chicken	½ Cheese Pizza & Carrot Sticks Pepperoni Pizza
Feb. 5-9 Healthy Choice # 1 Healthy Choice # 2	BRING LUNCH	Chicken Quesadilla Loaded Nachos	Pancakes & Ham Chicken Noodle Soup & Roll	Scrambled Eggs & Ham Breaded Chicken Burger	Chili Pepperoni Pizza
Feb. 12-16 Healthy Choice # 1 Healthy Choice # 2	BRING LUNCH	Grilled Cheese & Baked Chips Loaded Nachos	Scrambled Eggs & Ham Chicken Noodle Soup & Roll	Sheppard's Pie Bowl Breaded Chicken Burger & Carrot Sticks	Turkey Dog & Baked Chips FREE LUNCH Garlic Fingers with Bacon
Feb. 19-23 Healthy Choice # 1 Healthy Choice # 2	BRING LUNCH	Chicken Quesadilla Loaded Nachos	Pancakes & Ham Chicken Noodle Soup & Roll	Lasagna Soup & Roll Breaded Chicken Burger	Chili & Nachos Pepperoni Pizza
Feb. 26-March 2 Healthy Choice # 1 Healthy Choice # 2	BRING LUNCH	Cinnamon French Toast & Fruit Loaded Nachos	Chicken Bowl Chicken Noodle Soup & Roll	Waffles & Fruit Breaded Chicken Burger & Carrot Sticks	Garlic Fingers with Bacon Pepperoni Pizza

Upper Stewiacke Elementary School Price List – 2017-2018

Recess Items

Baked Chip Snacks	1.00
Baked Snack	.50
Fresh Fruit	.50
Cheese Strings	.75
Other Treats Dessert of the day	.50
Caesar Salad	2.00/large 3.50
Chicken Wrap	3.50
Welchs	1.25
Bread Sticks	1.00

Beverages

Small white milk	.40
Small juice	.60
Small Chocolate milk	1.35
355 ml Bottled water	1.00

Hamburger \$2.75 & Cheeseburger \$3.00
Can be ordered any day.

7" CHEESE PIZZA OR GARLIC FINGERS
\$3.60
WITH DRINK \$4.00
WITH CHOCOLATE MILK \$4.75